



Basic Christian Counseling Online  
 Summer 2010 – Session I  
 Rev. Judy Brazell, MSCE, BCPC, BCCC, Instructor

Week	Topic	Reading for Week Due	Assignments Due
1	Introductions by class & Instructor The Change Process: Effective Strategies & Hinderances; Bonding; The Character of the Counselor Personal Relationship with God & Practice of Christian Disciplines	<u>Christian Counseling</u> , Collins, pages 3-32 <u>Changes That Heal</u> , Cloud, Pages 11-87 PPT: "The Therapist's Character" from Anderson, Zuehlke & Zuehlke	Weekly Submission Questions
2	Integration of Theology and Counseling including: God, Human Nature, Sin, Christ, Holy Spirit, and Church  Boundaries	Read and view PPT – Foundational Theology for the Christian Counselor. Look up all scripture references in Bible cited in PPT.  <u>Changes That Heal</u> , Cloud, pages 91-166	Weekly Submission Questions
3	Developmental Issues  Guilt & Shame Forgiveness	<u>Changes That Heal</u> , Cloud, pages 169-252 <u>Christian Counseling</u> , Collins, pages 177-194, 213-312 Erickson's Theory of Psychosocial Development at <a href="http://psychology.about.com/od/theoriesofpersonality/a/psychosocial.htm">http://psychology.about.com/od/theoriesofpersonality/a/psychosocial.htm</a>	Weekly Submission Questions
4	Stages of Counseling Overview of Assessments Intake Forms & Informed Consent Genograms Change Plans/Treatment Plans Change Talk Major Secular Theoretical Orientations Four Streams in Christian Counseling	PPT – Overview of Assessments <a href="http://www.genograms.org">www.genograms.org</a> read all components of website Intake Form Informed Consent Treatment Plan Change Plan  PPT: Secular Theoretical Orientations PPT: Streams in Christian Counseling	Weekly Submission Questions
5	Depression Grief Fear: Anxiety and Panic Attacks	<u>Christian Counseling</u> , Collins, pages 119-139; 140-157, 465-487 PPT: Mental Health Issues PPT: Deception vs. Truth	Weekly Submission Questions  Reflective Summary of the Three Assessments taken by Student
6	Anger Across the Lifespan Interpersonal Issues: Conflict & Relationships Sex Apart from Marriage Family Issues	<u>Christian Counseling</u> , Collins, pages 158-176, 315-357, 587-606  PPT: Bitterness vs. Forgiveness	Weekly Submission Questions Genogram due

7	<p>Substance Abuse and Addictions:          Illicit Drugs          Prescription Drug Abuse          Alcoholism          Internet Pornography          Sexual Addiction          Crisis Counseling including Suicide and Trauma</p>	<p><u>Christian Counseling</u>, Collins, pages 656-700, 745-780</p> <p>PPT: Crisis Counseling</p> <p>PPT: Sexual Addiction</p>	<p>Weekly Submission Questions</p>
8	<p><b>Codes of Ethics</b>          American Association of Christian Counselors          National Association of Christian Counselors          National Association of Social Workers          National Association of Nouthetic Counselors (Standards of Conduct)          American Association of Pastoral Counselors</p> <p><b>Legal, Ethical, Moral and Multicultural Issues in Counseling</b></p>	<p>Read/Download to compare and contrast from these websites:  <a href="http://www.aacc.net/code.html">http://www.aacc.net/code.html</a>  <a href="http://www.ncca.org/Members/COE.aspx">http://www.ncca.org/Members/COE.aspx</a>  <a href="http://www.socialworkers.org/pubs/code/code.asp">http://www.socialworkers.org/pubs/code/code.asp</a>  <a href="http://www.nanc.org/">http://www.nanc.org/</a>  <a href="http://www.aapc.org/ethics.htm">http://www.aapc.org/ethics.htm</a></p> <p><u>Christian Counseling</u>, Collins, pages 83-115</p>	<p>Weekly Submission Questions</p> <p>Paper Due</p>