



*Elim Bible Institute*  
**COURSE SYLLABUS**

<u>Spiritual Formation</u>	<u>CL 103-1</u>
Course Name	Course Number
<u>Rev. John R. Miller, Ph.D.</u>	<u>Fall 2009</u>
Instructor	Term/Year
<u>Rev. John R. Miller, Ph.D.</u>	<u>3</u>
Developed by	Units



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**Personal Information:** John R. Miller is an ordained minister with Elim Fellowship of Lima, NY and serves as Pastor of Education with Living Word Temple of Restoration—an independent, trans-ethnic, Pentecostal congregation in Rochester, NY. He has a degree from Elim Bible Institute, a B.Div. from Trinity Seminary, CPE from the University of Rochester, a M.Div. from Northeastern Seminary, and a Ph.D. in Renewal Studies from Regent University.

**Personal Greeting from your Instructor:** I am pleased to be your instructor for this course on Spiritual Formation. This is a subject that is near and dear to my heart, because I am personally engaged with the life-long journey of learning about the Spirit of God and the spirit within myself. I am serving as a spiritual director and as an instructor of spiritual formation in several other venues—even as I teach this online course. However, I will always remain a student who is striving to understand spirituality.

If you are like me, then you may be pleasantly surprised to learn that there is much more about spirituality to discover. I came from a pentecostal-charismatic church tradition and therefore I naïvely presumed that I knew pretty much all that there was to know about spirituality. I was wrong. I pray that as we explore the spirituality of the whole Christian Church that your understanding will also be expanded. Let's learn together.

## Syllabus—Spiritual Formation 2009

### **COURSE DESCRIPTION:**

Spiritual Formation is the study and dynamic of personal and spiritual growth in the Pentecostal and Charismatic tradition. This course brings definition to spirituality and it provides practical tools for the student to utilize. The course will explore the historical perspective of spiritual formation. It will provide a forum for self-exploration and spiritual growth.

### **THEME SCRIPTURE:**

*I will pray with my spirit, but I will also pray with my mind; I will sing with my spirit, but I will also sing with my mind (1 Corinthians 14:15 NIV).*

### **COURSE OBJECTIVES:**

1. **Develop** a spiritual growth plan that takes into account one's personality, calling, giftings, and every-day practices.
2. **Examine** God's redemptive work in your personal history and its affect on your current and future spiritual state.
3. **Develop** a lifestyle of continued spiritual formation that incorporates personal and community-based aspects.

### **ACADEMIC PROGRAM GOALS AND OBJECTIVES**

1. **Biblical Scholarship:** Foster an environment where students are given an opportunity to engage in an academic and biblical education in a Christian, non-sectarian, values-based community.
  - a. Exhibit ability to apply Scripture in one's personal spiritual formation and development, as well as its application in the Christian life and service.
  - b. Demonstrate an understanding of foundational principles of the Christian faith.
  - c. Illustrate appropriate interaction of Christian values in a multi-cultural and diverse society.
  - d. Demonstrate consciousness of Church history, theological issues, and Pentecostal heritage.
2. **Spiritual Vitality and Formation:** To offer a spiritually engaging community environment conducive to personal spiritual growth and development.
  - a. Show development of one's personal spiritual formation in their relationship with God and its correlation to the whole person.
  - b. Demonstrate spiritual maturity and its impact on character and values, evidenced by moral, ethical, and dispositional integrity.
  - c. Reveal a growing acceptance for all people expressed in a lifestyle of love, compassion, and forgiveness.
  - d. Evidence the ability to be a Christian witness to fulfill the mandate the Christ in Acts 1:8.

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3. **Relevance in Culture:** To present students the relevance of Christian ministry and its application throughout history as well as in modern society.
  - a. Demonstrate understanding of proper ministry application in the midst of current social and cultural circumstances.
  - b. Demonstrate knowledge of diverse religious traditions, recognizing ethnic, gender, and cultural difference and their contemporary social impact.
  - c. Demonstrate a capacity to evaluate cultural settings and form appropriate and effective strategies for relevant ministry within diverse communities.
  
4. **Discipleship & Servant-Leadership:** To afford students real life experiences to cultivate their capacity for servant leadership in church and society.
  - a. Demonstrate spiritual disciplines that express themselves in concern for others in multiple cultural, social, and religious and non-religious contexts.
  - b. Show the ability to appreciate leadership and authority in one's life as well as benefit from the constructive relationships of mentors, coaches, and supervisors

### REQUIRED COURSE TEXTS:

- Kenneth Boa, *Conformed to His Image: Biblical and Practical Approaches to Spiritual Formation* (Grand Rapids, MI: Zondervan, 2001).
- Richard Foster, *Devotional Classics* (New York, Harper, 2005).
- Richard Foster, *Spiritual Classics* (New York, Harper, 2000).

### COURSE REQUIREMENTS:

- Regular participation in the online *Discussion Questions* is considered as attendance. Consistently attend and participate in the class. Your online attendance and participation are important means for the instructor to assess your skills, quality of thought, and growth as a student. Requirements for your participation in the *Discussion Questions* are described below.
- Pay close and timely attention to reading assignments and other assigned work. You are responsible for preparing assigned readings carefully by the date listed on the schedule below and to projects, and other assignments by the date listed. Out of fairness to all, late assignments are penalized.
- Carefully follow course policies and procedures regarding writing, academic honesty, submission of assignments, formatting, and other matters. Since following directions is a crucial skill for EBI graduates, and since the smooth operation of our course depends on all of us meeting each other's expectations, adherence to policies can positively or adversely affect a student's grade.

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- Writing: All papers and essays written at Elim Bible Institute must follow the Turabian style manual. You are encouraged to purchase this textbook (be sure that it is the 7<sup>th</sup> edition because there are significant changes from the 6<sup>th</sup> edition) and to know how to format your written assignments. For further information please consult the following:

Kate Turabian, *A Manual for Writers of Term Papers, Theses, and Dissertations*. 7th ed. (Chicago: University of Chicago Press, 2007).

ASSIGNMENT CHART

Dates	Read	Write	Research
<p><b>Week 1</b> 8/31 – 9/5</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Introduction and Facet 1</p> <p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from the section: <i>Preparing for the Spiritual Life.</i></p>	<p>Post your responses on the “Discussion” area of our online class.</p> <p>Boa—Facet 1 Questions) <i>How do you practice the triple prayer “may I know thee more clearly, love thee more dearly, and follow you more nearly” (33)? What does it require to see yourself as God sees you (41)? How relevant are the two great commandments in your daily experience (52)?</i></p> <p>Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p> <p>Write your “<b>Personal Spiritual Autobiography</b>” and post it on our class website. See page 12 of the syllabus for more information.</p>	
<p><b>Week 2</b> 9/7 – 9/12</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 2</p>	<p>Boa—Facet 2 Questions) <i>What are the implication is your life and thinking of a temporal versus an eternal perspective? Do you sense yourself being pulled in both directions? How does this affect your value system (64)? What are your fundamental</i></p>	<p>Look ahead to the week 4 <i>Personal Spiritual Inventory</i></p>

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	<p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from <i>The Prayer-Filled Life</i></p>	<p><i>presuppositions about life, and how do these shape your perspective and priorities (71)?</i></p> <p>Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>assignment.</p> <p>You will want to plan to start this assignment before next week begins.</p>
<p><b>Week 3</b> 9/14 – 9/19</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 3</p> <p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from <i>The Virtuous Life</i></p>	<p>Boa—Facet 3 Questions) <i>How do you balance the issues of dependence and discipline (81)? As we focused on the disciplines of solitude, silence, study, meditation, and prayer, which of these seem the most remote to you? How can you combine some of these disciplines in your times with God (97)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Work on the <i>Personal Spiritual Inventory</i> assignment this week.</p>
<p><b>Week 4</b> 9/21 – 9/26</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 4</p> <p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from <i>The Spirit-Empowered Life</i></p>	<p>Boa—Facet 4 Questions) <i>In your own words, what is the essence of the exchanged life (109)? What is the meaning of a spiritual family, body, and temple to you (123)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read. Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p> <p>Write your “<b>Personal Spiritual Inventory</b>” and email it to <a href="mailto:johnmiller@elim.edu">johnmiller@elim.edu</a> as a word document, attached to the email.</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>

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<p><b>Week 5</b> 9/28 – 10/3</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 5</p> <p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from <i>The Compassionate Life</i></p>	<p>Boa—Facet 5 Questions) <i>Which of the seven horizontal motivators in "Why We Do What We Do" have been most operative in your thinking and behavior? List them in the order of practical appeal. What does this tell you about the nature of your spiritual walk (134)? As you reflect on your daily practice, does the biblical promise of rewards in the kingdom of heaven impinge upon the way you relate to people and circumstances? How could these incentives be more compelling in your belief and behavior (142)? How do you relate to the idea of longing for God? Has this played any role in your motivational structure? How can you nurture such a holy longing (150)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>
<p><b>Week 6</b> 10/5 – 10/10</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 6</p> <p>Foster <i>Devotional Classics</i> Introduction and your choice of one devotional reading from <i>The Word Centered Life</i></p>	<p>Boa—Facet 6 Questions) <i>How rich is your image of God? How can you enhance this image and thereby enrich your soul (163)? What do compunction of heart, intention of heart, purity of heart, and humility of heart mean to you (173)? Have you ever practiced a form of lectio divina without knowing it? Describe it (185). What is the school of renunciation in "Falling In Love with God"? What deaths have you experienced to your own aspirations and ambitions, and what effect have these had in your walk with God (198)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>

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		instructor's postings.	
<p><b>Week 7</b> 10/12 – 10/17</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 7</p> <p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Meditation</i></p>	<p>Boa—Facet 7 Questions) <i>What does holistic spirituality mean to you (212)? What does it mean to have a single-minded pursuit (228)? As you review the biblical principles related to work, which of them speak most clearly to you, and which will require more focus? Why (242)? How do you define biblical stewardship? What are the requirements of a steward (252)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor's postings.</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>
<p><b>Week 8</b> 10/19 – 10/24</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 8</p> <p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Prayer</i></p>	<p>Boa—Facet 8 Questions) <i>What does it mean to grow in grace? What conditions are favorable to your spiritual growth? What has God used to form you along the way (266)? What can you do to enrich your practice of Christ's presence (276)? What steps can you take to enhance your sense of gratitude to God for the past, present, and future (287)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor's postings.</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>
<p><b>Week 9</b> 10/26 – 10/31</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 9</p>	<p>Boa—Facet 9 Questions) <i>Why do you think the three Spirit-centered movements occurred when they did, and what experience have you</i></p>	<p>Research on Christian Spirituality PowerPoint</p>

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	<p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Fasting</i></p>	<p><i>had with any of them (300)? What combination of spiritual gifts do you think you have been given (315)? What role has your combination of experience and expectations had in your understanding of Spirit-filled spirituality (321)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Presentation</p>
<p><b>Week 10</b> 11/2 – 11/7</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 10</p> <p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Study</i></p>	<p>Boa—Facet 10 Questions) <i>How would you describe your own warfare on the three fronts of the world, the flesh, and the devil (338)? What is your level of awareness of the work of Satan and of demons? O what degree does this affect your journey in spiritual formation (350)? How does your understanding of the future o the warfare affect your present practice (363)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Research on Christian Spirituality PowerPoint Presentation</p>
<p><b>Week 11</b> 11/9 – 11/14</p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 11</p>	<p>Boa—Facet 11 Questions) <i>In your pilgrimage, in what ways has nurturing others assisted you in your spiritual formation (376)? In what context(s) have you engaged in discipleship? What areas have you overlooked (387)? Which of the eight evangelism principles spoke most directly to you? Why (397)? Which of the barriers for believers have been most debilitating in your life? What can you do to overcome them (412)?</i></p>	<p>Personal Growth Plan</p>

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	<p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Simplicity</i></p>	<p>Post your <b>Christian Spirituality PowerPoint Presentation</b></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	
<p><b>Week 12</b> <b>11/16 – 11/21</b></p>	<p><b>Boa</b> <i>Conformed to His Image</i> Facet 12</p> <p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Solitude</i></p>	<p>Boa—Facet 12 Questions) <i>What can you do to move further away from an individualistic mentality in your spiritual formation (425)? Of the seven purposes of the church, which are the most meaningful to you? Which of them do you think are the least commonly realized in churches today (436)? What is the nature of your personal Rule in your spiritual formation (449)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Personal Growth Plan</p>
<p><b>Week 13</b> <b>11/23 – 11/28</b> <i>Thanksgiving</i></p>	<p>Boa <i>Conformed to His Image</i> Finishing Well &amp; Appendix A-B</p> <p>Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Submission</i></p>	<p>Boa—Concluding Questions) <i>How responsive have you been to God’s initiatives in your life? Have you discerned a pattern in the way and timing of your responses (466)?</i></p> <p>From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.</p> <p>Post your responses on the website. Engage and respond with other students and the instructor’s postings.</p>	<p>Personal Growth Plan</p>

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<b>Week 14</b> <b>11/30 – 12/5</b>	Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Service</i>	From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.  Post your responses on the website. Engage and respond with other students and the instructor’s postings.	Personal Growth Plan
<b>Week 15</b> <b>12/7 – 12/12</b>	Foster <i>Spiritual Classics</i> Choose one devotional reading from <i>Confession</i>	From Foster—Engage the “Reflection Questions” at the end of the chapter you chose to read.  Post your responses on the website. Engage and respond with other students and the instructor’s postings.	Personal Growth Plan
<b>Week 16</b> <b>12/14 – 12/18</b>		<i>How has this course impacted your life? What area of interest has it stimulated a desire to pursue further? Describe your understanding of spiritual formation in one sentence. Leave any parting thoughts, reflections, and prayers with your classmates.</i>  Post your <b>Personal Growth Plan</b>	

**METHOD OF EVALUATION:** The final grade for the course will reflect mastery of course content and quality of thought as expressed in the categories below.

1. Personal Spiritual Autobiography	10%
2. Personal Spiritual Inventory	10%
3. Research Project: Christian Mystic PowerPoint	10%
4. Discussion Questions: Post and Respond Every Week	30%
5. Personal Growth Plan	10%
6. Reflection Questions from Foster’s “Classics”	30%

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Below you will find a detailed explanation of each assessment. *While the instructor is always available to offer further clarity, it is the student’s responsibility to review the material and seek help with enough lead-time to allow for completion prior to all deadlines. **Late work WILL NOT be accepted without prior approval.***

**GRADING CRITERIA** The following rubric will apply to ALL assignments:

CATEGORY	4 (GRADE A)	3 (GRADE B)	2 (GRADE C)	1 (GRADE D)
<b>Organization</b>	Information is very organized with well-constructed paragraphs and transitional statements.	Information is organized with well-constructed paragraphs.	Information is organized, but paragraphs are not well-constructed.	The information appears to be disorganized.
<b>Amount of Information</b>	All topics are addressed and all questions answered with at least three sentences about each.	All topics are addressed and most questions answered with at least two sentences about each.	All topics are addressed, and most questions answered with one sentence about each.	One or more topics were not addressed.
<b>Quality of Information</b>	Information clearly relates to the main topic. It includes several supporting details or examples.	Information clearly relates to the main topic. It provides at least one supporting detail or example.	Information clearly relates to the main topic. No details and/or examples are given.	Information has little or nothing to do with the main topic.
<b>Sources</b>	All sources are accurately documented and cited in the required format.	All sources are accurately documented, but a few are not in the required format.	All sources are accurately documented, but many are not in the required format.	Some sources are not accurately documented.
<b>Mechanics</b>	There are no grammatical, spelling or punctuation errors.	There are almost no grammatical, spelling or punctuation errors	There are a few grammatical, spelling, and punctuation errors.	There are many grammatical, spelling, and punctuation errors.

## ASSIGNMENT DETAILS

### 1. **Personal Spiritual Autobiography**

Due before midnight on September 7, 2009

Weight: 100 Points Possible (10% of Grade)

To complete your autobiography construct a paper that includes a thorough coverage of the following sections:

- Introduction: Include an introductory paragraph.
- Spiritual History: How did you come to Christ? What was life like before your conversion? What is your family's spiritual background?
- Personality: Discuss your temperament, spiritual giftings, and ministry interests.
- Significant Events: What are 2-3 major themes or events that have formed you?
- Spiritual Assessment: Where do you see strengths and areas to grow?
- Conclusion: Include a concluding paragraph.
- Include scripture and a biblical worldview.
- Follow Proper Format (Turabian). This includes cover page, bibliography, double spacing, citation, page numbers, etc.
- *3-5 pages (Not including cover-page and bibliography)*

### 2. **Personal Spiritual Inventory**

Due before September 31, 2008

Value: 100 Points Possible (10% of Grade)

During Week Two utilize the Personal Spiritual Inventory template (posted on our web page) to chart your spiritual activity for a full week. Make note of deliberate as well as spontaneous times of prayer, worship, Bible reading, acts of service, and personal formation, etc. Following these notations, chart your immediate results, reflections, and responses. Be honest and consistent with your records. Just like your doctor would perform a "physical" to help assess the status of your health, this exercise will serve as a "spiritual" to help determine your current spiritual health. This will also serve to help you measure your growth throughout the semester.

- *Please use at least 5 entries per day; Cover at least 5 days during the week.*
- Attached to your chart, *please include a one-page* reflection on the experience with any conclusions that you may draw from this exercise thus far.
- Papers must have a cover page, bibliography (if quotes are used), and proper format for the one-page reflection portion.

### 3. **Christian Spirituality PowerPoint Presentation**

Due before November 14, 2008

Value: 100 Points Possible (20% of Grade)

Select one of the authors from Foster's books (our textbooks), whose work you enjoyed. Create a PowerPoint presentation of *no less than 15 slides*. Notice the "Going Deeper" selected bibliography at the end of each chapter in Foster's books. These resources will provide an excellent starting point to discover more about the author that you select for this assignment.

Presentations MUST include the Following Sections It's a good idea to use these sections as the Title of your Slides:

- **Introduction:** Why did you choose this person?
- **Biographical Data:** List important dates, location, & historical background info.
- **Spiritual Journey:** How did he or she develop in their spiritual walk? Did he or she have any unique spiritual habits?
- **Contribution to Christian History:** What can we learn from this person? What have they written or influenced in the history of Christianity?
- **Compare/Contrast:** What did you relate to? What couldn't you "get" about them?
- **Conclusion:** What lessons can you learn or have you learned from your topic person?
- **Bibliographic Information:** Cite your sources properly through footnotes or parenthetical citations (in the slides or using the note pages below the slides); make sure to have a final Bibliography/Reference slide;

Each presentation should use proper format, including footnotes (place them in the "notes" section at the bottom of each slide) and a bibliography. The research will use no less than five (5) sources. These should include a variety of sources such as the textbook, websites, encyclopedias, journals, and other resources. Presentations should **include pictures and graphics**.

#### 4. **Discussion Questions**

Due Every Week

Value: 100 Points each week (50% of Grade)

Respond to the Discussion Question(s) each week. These questions are designed for you to reflect on the material and make application to your own life.

- Please include at least one direct quote or paraphrasing of the material read for this week in your reflective answer using an in-text citation (parenthetical).
- In addition to your own answers, you must respond to and interact with at least 1 other student or the instructor every week.
- Total length of postings must be approximately 200 words for EACH question and 150 words for each response each week. Note: Each week is a possible 100 points (points may be lost for lateness, deficiency in content, sources, or grammar, failure to answer the question, as well as lack of responses to other students). The combined discussion question grade accounts for 30% of the total grade for the course.
- Please use standard English (capitalization, punctuation, and grammar) in all postings—not IM (instant messaging) slang. For example, "lol" irritates the instructor of this course and ☺ is not in the academic vocabulary. ☺

**Initial Posts must be done by 11:59 PM on WEDNESDAY; responses by 11:59PM on SATURDAY.** Take Sunday off. Start the new week on Monday.

**5. *Personal Growth Plan***

Due before midnight on December 18, 2008

Value: 100 Points Possible (10% of Grade)

Papers should have an introduction and conclusion, and use proper format, including cover page and bibliography of sources (these should include out course textbook). Include in this paper any growth that has been evidenced since your Personal Spiritual Inventory. Expected length: 7-10 pages.

Consider the guidelines below as you develop your *Personal Growth Plan*:

1. How is your current relationship with God demonstrated by your daily routine and disciplined spiritual formation practices? How are you doing in noticing the Spirit of God every day? What spiritual disciplines do you regularly practice? Detail your current devotional life.
2. Describe the influential resources that inform your *Personal Growth Plan*. Reflect on the help that you receive from friends, small group, family, and church community. How is the Holy Spirit guiding your prayer? What is the dialogue of prayer like?
3. Your *Personal Growth Plan* will identify specific areas that need improvement. What disciplines will you employ to further your development? What new habits will you encourage?
4. What goals will your *Personal Growth Plan* demonstrate? Are the goals specific, measurable, accountable, realistic, and timely? What difficulties do you anticipate?
5. Have you included an accountability partner? Who is your trusted, mature, spiritual guide? How often will you meet with him or her?
6. What will be your means of evaluating the success of your *Personal Growth Plan*?
7. Describe what the results of this *Personal Growth Plan* will look like. What do you anticipate for changes in your Spiritual Formation?

SELECT BIBLIOGRAPHY

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